

Pleasant Hill CUSD #3 – December 2016 Cafeteria Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cereal, Toast, Fruit, Juice & Milk Chicken Pot Pie, Whipped Potatoes, Fruit & Milk	2 Scrambled Eggs, Cereal, Toast, Fruit, Milk & Juice Cheese Pizza, Mixed Salad, Carrots, Fruit & Milk
5 Pancakes, Cereal, Fruit, Milk & Juice Goulash, Corn, Bread & Butter, Fruit & Milk	6 Cereal, Toast, Fruit, Milk & Juice Deli Turkey w/Bun, Broccoli & Cheese, Fruit, Cookie & Milk	7 Sausage Gravy w/Biscuit, Cereal, Fruit, Milk & Juice Chicken Fried Steak, Whipped Potatoes w/White Gravy, Peas, Fruit & Milk	8 Cereal, Toast, Fruit, Milk & Juice Chicken Fajita Wrap w/Lettuce, Cheese, Salsa & Black Beans, Corn, Fruit & Milk	9 Oatmeal, Cereal, Toast, Fruit, Milk & Juice Cheeseburger w/Bun, Green Beans, Oven Fries, Fruit & Milk
12 Pancakes, Cereal, Fruit, Milk & Juice Oven Roasted Chicken, Carrots, Peas, Fruit & Milk	13 Cereal, Toast, Fruit, Milk & Juice Fish Patty w/Bun, Baked Beans, Chips, Fruit & Milk	14 Oatmeal, Toast, Cereal, Fruit, Milk & Juice Ravioli, Mixed Salad, Breadstick, Fruit & Milk	15 Cereal, Toast, Fruit, Milk & Juice Turkey & Noodles, Whipped Potatoes, Corn, Fruit Crisp, Hot Roll & Milk (FREE)	16 Donut, Cereal, Fruit, Milk & Juice Chili w/Crackers, Sunbutter & Celery, Fruit & Milk
19 Oatmeal, Cereal, Fruit, Milk & Juice Turkey Sausage Pizza, Corn, Peas, Fruit & Milk	20 Cereal, Toast, Fruit, Milk & Juice Corn Dog, Cowboy Beans, Chips, Fruit & Milk	21 CHRISTMAS BREAK BEGINS NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL
26 	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 